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SHERIFF JEWELL WILLIAMS

Sheriff of Philadelphia makes a case for gun locks. 10-11

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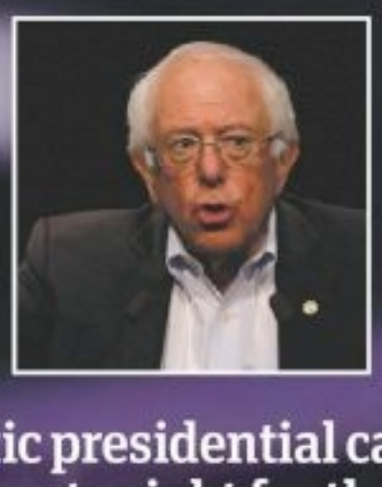
Injuries to Baez, Yelich could help Phillies' Wild Card chances. 19

THREE'S COMPANY



With the top 10 Democratic presidential candidates set to share the debate stage tonight for the first time, all eyes are on Sen. Elizabeth Warren, whose recent spike in the polls has her tied with Sen. Bernie Sanders behind front-runner Joe Biden. 6-7

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Mourners gathered Tuesday in New York, D.C., at the Pentagon and in Pennsylvania to remember the victims of the Sept. 11 attacks, and to honor first responders who rushed in to help.

METRO STAFF | GETTY IMAGES

1 Friends and family of victims of the Sept. 11 terrorist attacks pause at the National September 11 Memorial during a morning commemoration ceremony.

2 U.S. President Donald Trump and first lady Melania Trump participate in a 911 memorial ceremony at the Pentagon.

3 Members of Congress hold a moment of silence on the anniversary of the 9/11 attacks.

4 A portrait of police officer Paul Tally is carried by a relative.

5 A New York City firefighter observes a moment of silence during ceremonies at the National September 11 Memorial.

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FILE

Acting Philly police commissioner apologizes for offensive T-shirt

Christine Coulter wore a shirt in the '90s that was racially insensitive, referencing the LAPD and Rodney King.

BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

Philadelphia's acting police commissioner has apologized for wearing a controversial LAPD T-shirt she was photographed wearing in the 1990s.

The image in question was snapped in 1994. In it, Coulter is wearing a shirt that says, "LAPD We Treat You Like a King." The language apparently stems from the 1991 beating of Rodney King by the LAPD. Those cops were later acquitted for the beatings.

The New York Post reported that Coulter wore the shirt at a police gathering in Wildwood, New Jersey.

Coulter apologized for the shirt, telling outlets, "I should have known."

Additionally, she said, "I am profoundly sorry that anything I would've done could've caused such hurt." Coulter claims she only thought of it as an LAPD shirt, and nothing more.

Coulter also explained, "There's folks in this room who I have served in their communities who know my heart and know that for 30 years I have served in black and brown communities with all that I ever have to give, never treating people unfairly or unjustly because of their race. Even people I've had to arrest, I treated like gentlemen or gentle-ladies going through the process."

Councilwoman Cindy Bass called for Coulter to step down after the photo of her wearing the racially-insensitive shirt surfaced.

Bass wrote a letter to Mayor Jim Kenney calling for the resignation and said, "I do not believe that the Acting Commissioner Christine M. Coulter can effectively manage the external relationships necessary to address police and community tensions which is absolutely required of any commissioner," an opinion that reportedly drew cheers during a hearing.

Mayor Kenney released a statement Tuesday saying he didn't believe that Coulter should be fired because of a "bad decision" she made over 20 years ago, and that he was glad that she took responsibility. Kenney also said he believes Coulter was honest when she said she didn't realize the shirt referenced the King beating.

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Sen. Elizabeth Warren (D-MA), left; Former U.S. Vice President Joe Biden, right. REUTERS / GETTY IMAGES

Warren rises as solid Democratic option behind Biden, Sanders: Poll

Support for senator up more than any Dem prez candidate in past month.

11%

The Sept. 9-10 poll found 11 percent of Democrats and independents would vote for Warren.

Support for U.S. Sen. Elizabeth Warren rose more than that of any other Democratic presidential hopeful over the past month, according to the Reuters/Ipsos poll, solidifying her status as a top contender behind Joe Biden and Bernie Sanders.

The Sept. 9-10 poll found that 11 percent of Democrats and independents said they would vote for Warren in their state's nominating contests, up 3 percentage points from a similar poll that ran Aug. 1 to 5.

Twenty-two percent said they backed Biden, the former vice president who has been the Democratic front-runner since he entered the race this year, and 16 percent said they would vote for Sanders, a U.S. senator.

Biden's support was unchanged from the previous Reuters/Ipsos poll, while Sanders dropped 2 percentage points.

Biden, Sanders and Harris will square off with seven other Democratic candidates on Thursday at a nationally televised debate in Houston. The Democratic contenders are vying for the right to take on Republican President Donald Trump in the November 2020 election.

Warren, a champion of consumer financial protections, has pushed for big, "structural" changes to an economy that "does great for those with money and isn't doing great for everyone else."

She wants to raise taxes on the wealthy and use the money to help pay for a number of progressive priorities including universal childcare, student debt relief and Medicare for All, which would provide federal health insurance coverage for all Americans based on the existing government-run Medicare program for Americans 65 and older.

Unlike most of the other candidates, Warren's popularity among Democrats and independents has steadily increased this year. Others, like U.S. Sen. Kamala Harris, have declined in popularity over the summer.

The September poll found that Harris and Mayor Pete Buttigieg of South Bend, Indiana, were each supported by 4 percent of Democrats and independents. Buttigieg's support was unchanged from the August poll, while Harris dipped 2 points.

New York entrepreneur Andrew Yang and U.S. Sen. Cory Booker were each backed by 3 percent.

None of the other candidates received more than 2 percent in the poll.

The Reuters/Ipsos poll was conducted online, in English, across the United States. It gathered responses from 687 adults, including 511 Democrats and 104 independents. It had a credibility interval, a measure of the poll's precision, of 4 percentage points. REUTERS

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4 Things to watch at the third Democratic debate

REUTERS

Leading Democratic White House contenders Joe Biden and Elizabeth Warren will share the stage for the first time on Thursday when the top 10 candidates for the party's presidential nomination meet in a debate in Houston.

Twenty Democrats continue to vie for their party's nomination to challenge Republican President Donald Trump in November 2020, but party rules about polling and fundraising resulted in only half of them qualifying for the debate in Houston.

All of the top 10 Democrats will debate on one night, allowing voters to take stock of the leaders side-by-side.

Here are some key moments to watch for during the debate.

THE TOP THREE

The condensed debate stage will generate some first-time matchups, but arguably the most anticipated is the one between former Vice President Biden, the leader in most opinion polls, and U.S. Sen. Warren of Massachusetts, who is nipping at his heels.

The two exemplify the ideological divide between the moderate and liberal wings of the Democratic Party, and the central question voters face in the 2020 primary race: Between pledges to restore pre-Trump normalcy, or embark on ambitious reform, what is a better ticket to defeat Trump in the November 2020 election?

Warren's recent gain on U.S. Sen. Bernie Sanders of Vermont in polls has also raised speculation that the two friends and progressive allies could abandon their agreement to not criticize one another.

"In Detroit, those two somewhat teamed up to defend the progressive flag of the party. Given the state of the race today, I will keep an eye on whether Sanders decides to draw a sharper contrast with Warren," said Joel Payne, a Democratic strategist who worked for Hillary Clinton in 2016.

For U.S. Sen. Kamala Harris of California and South Bend, Indiana, Mayor Pete Buttigieg, the debate presents a narrowing set of chances to break through into the top tier.

HOURS WITHOUT A GAFFE?

Biden enters the his third debate atop the field, even after his first two debate performances were criticized as lackluster, while his campaign has had to fend off questions about repeated misstatements on the campaign trail.

Biden, 76, has also faced questions from some voters about his age and whether he has the stamina to make it through a lengthy and taxing presidential race. In Houston, he will be standing next to Sanders, 78, the oldest candidate in the field.

"Biden will likely continue to take a page from Donald Trump in 2016. If you'll remember, Trump essentially just treaded water in the debates," said Payne.

"He never won any debate but he managed to stay above the fray. Biden is likely hoping that he can ride a similar strategy to get through a splintered Dem primary."

WHAT DOES SHE STAND FOR?

The candidate who has benefited the most from the debates so far is Harris — but after a well-reviewed performance in the first round, she watched the lead she amassed dwindle by the second debate when she pulled off a less-than-stellar showing. Heading into the third debate, she is struggling to break through to the top of the field.

A September Reuters/Ipsos poll found that Harris and Buttigieg were tied with 4 percent support of Democrats and independents — a big drop for the senator, who once registered at 10 percent.

CLOSING WINDOW

For the candidates in the bottom half, such as former U.S. Housing Secretary Julian Castro, U.S. Sens. Amy Klobuchar of Minnesota and Cory Booker of New Jersey and business leader Andrew Yang, the debate provides one of their only chances to try to change the public perception of their candidacy.

But ultimately, since most of these low-polling candidates have positioned themselves between the Biden-represented centrist establishment and the left wing led by Warren and Sanders, they will struggle to gain momentum unless Biden declines, experts say. REUTERS

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SPECIAL ADVERTISEMENT FEATURE

Philadelphia zip codes turn up silver for residents

Sealed Vault Bags full of heavy silver bars are actually being handed over to the first Pennsylvania residents who find their zip code listed in today's publication and call before the 48 hour order deadline ends to claim the bags full of valuable silver

NATIONWIDE – Operators at the National Silver Hotline are struggling to keep up with all the calls.

That's because Silver Vault Bags loaded with a small fortune of .999 pure Silver Bars are now being handed over to everyone who beats the 2-day order deadline.

"It's like a modern day Gold Rush. Pennsylvania residents will be hoarding all the silver bars they can get their hands on for the next 2 days. This comes as no surprise after the standard State Minimum set by the Federated Mint dropped 42%, going from $50 per bar to just $29 making these Silver Vault Bags a real steal," said Mary Ellen Withrow, the emeritus 40th Treasurer of the United States of America.

"As executive advisor to the private Federated Mint, I get paid to deliver breaking news. And here's the best part. This is great news for Pennsylvania residents because it's the lowest ever State Minimum set by the Federated Mint," said Withrow.

The only thing residents need to do is find the first 3 digits of their zip code on the Distribution List printed in today's publication. If their zip code is on the list, they need to immediately call the National Silver Hotline before the 2-day order deadline ends.

Residents who do are cashing in on the record low State Minimum set by the Federated Mint. This is a real steal for residents because each Silver Vault Bag loaded with 10 Pennsylvania State Silver Bars is normally set at $500 which is the standard $50 per heavy half ounce bar State Minimum set by the Federated Mint. But here's the good news. Residents who call today get the lowest ever State Minimum set by the Federated Mint of just $290 for each Pennsylvania Silver Vault Bag which is just $29 per bar as long as they call the National Silver Hotline at; 1-866-874-7770 EXT. FMM2305 before the deadline ends.

Phone lines open at pre-

(Continued on next page)

■ **PENNSYLVANIA RESIDENTS CASH IN:** It's like a modern day Gold Rush. Everyone's scrambling to get their hands on the heavy, Jumbo Silver Ballistic Bags pictured above before they're all gone. That's because residents who find the first 3 digits of their zip code printed in today's publication are cashing in on the lowest ever State Minimum price set for the next 2 days by the Federated Mint.

▸ **Who gets the Silver Vault Bags:** Listed below are the U.S. zip codes that get the Silver Vault Bags. If you find the first 3 digits of your zip code immediately call: **1-866-874-7770 EXT. FMM2305**

150	156	162	168	174	180	186	192
151	157	163	169	175	181	187	193
152	158	164	170	176	182	188	194
153	159	165	171	177	183	189	195
154	160	166	172	178	184	190	196
155	161	167	173	179	185	191	

(Continued from previous page)

cisely 8:30 A.M. this morning and are expected to be flooded by Pennsylvania residents looking to cash in on the lowest ever State Minimum set by the Federated Mint to date. That's why Philadelphia area residents who find their zip code on the distribution list today are being urged to call immediately.

Since this special advertising announcement can't stop dealers and collectors from hoarding all the new 2019 Edition Pennsylvania State Silver Bars they can get their hands on, the Federated Mint had to set a strict limit of three Jumbo Silver Ballistic Bags per resident – these are the bags everyone's trying to get because they contain 10 individual Silver Vault Bags each. Everyone who gets these will feel like they just hit the jackpot.

"Residents who want to cash in on the lowest ever State Minimum set by the private Federated Mint better hurry. That's because in 2 days, the State Minimum for these heavy half ounce Pennsylvania State Silver Bars returns to the normal State Minimum set by the Federated Mint of $50 per bar," Withrow said.

"We're bracing for all the calls and doing the best we can, but with just hours left before the deadline ends, residents lucky enough to find their zip code listed in today's publication need to immediately call the National Silver Hotline," Withrow said. ■

■ **SILVER HITS ROCK BOTTOM:** Everyone's scrambling to get the Silver Vault Bags each loaded with 10 solid .999 pure Silver State Bars before they are all gone. That's because the standard State Minimum set by the private Federated Mint dropped 42%, going from $50 per bar to just $29, which is a real steal.

SPECIAL ADVERTISEMENT FEATURE

IMPORTANT INFORMATION: If you find your zip code on the distribution list printed in today's publication read below then immediately call: **1-866-874-7770 EXT. FMM2305**

▸ **I keep calling and can't get through:** Keep trying. Right now everyone's looking to cash in on the lowest State Minimum ever set by the Federated Mint. In fact, tens of thousands of residents are expected to order up as many Silver Vault Bags as they can get their hands on before the deadline ends. That's because the State Minimum set by the Federated Mint has been slashed from $50 per heavy half ounce to just $29 for the next 2 days. And since each Silver Vault Bag contains 10 valuable State Silver Bars for just $290 nearly everyone is taking at least three bags before they're all gone. But all those who really want to cash in are taking the Jumbo Silver Ballistic Bags containing 100 State Silver Bars before the State Minimum set by the Federated Mint goes back up to $500 per Vault Bag. So if lines are busy keep trying.

▸ **How much are the Silver Vault Bags worth:** It's hard to tell how much these Silver Vault Bags could be worth since they are highly collectible, but those who get in on this now will be the really smart ones. That's because the State Minimum set by the Federated Mint goes back up to $500 per bag after the deadline ends. So you better believe that at just $290 the Silver Vault bags are a real steal for everyone who beats the deadline.

▸ **Can I buy one State Silver Bar:** Yes. But, the lowest ever State Minimum set by the Federated Mint of just $29 per bar applies only to residents who purchase a Silver Vault Bag(s). That means only those residents who order a Silver Vault Bag(s) or the heavy, Jumbo Silver Ballistic Bag(s) get the $29 per bar State Minimum set by the Federated Mint. All single bar purchases, orders placed after the 2-day deadline and all non-state residents must pay the standard $50 per heavy half ounce Bar State Minimum set by the Federated Mint.

▸ **Why is the State Minimum set by the Federated Mint so low now:** Thousands of U.S. residents stand to miss the deadline to get the silver at the lowest ever State Minimum set by the private Federated Mint. Now all residents who find the first 3 digits of their zip code on the Distribution List printed in today's publication are getting the Silver Vault Bags for themselves and all the solid .999 pure State Silver Bars found inside. The price for each Silver Vault Bag is normally set at $500 which is the standard $50 per bar State Minimum set by the Federated Mint, but residents who beat the 2-day deadline only cover the lowest ever State Minimum set by the Federated Mint of just $290 for each State Silver Vault Bag which is just $29 per bar as long as they call the National Silver Hotline before the deadline ends at: **1-866-874-7770 EXT. FMM2305**. Hotlines open at 8:30 A.M.

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A CASE FOR GUN LOCKS AS WE OBSERVE SUICIDE AWARENESS MONTH

OP-ED

JEWELL WILLIAMS

Jewell Williams is a Democratic politician, currently serving as the Sheriff of Philadelphia.

September is Suicide Prevention and Awareness Month in America.

Suicide can affect anybody, any family or any workplace. Less than four months ago, the Sheriff's Office lost a member of our family when Deputy Sheriff Dante Austin took his own life in our office.

Dante was a bright, outgoing young man who uplifted his community through service and who was devoted to his colleagues, his family and friends. Nobody would have guessed that he was silently suffering with depression. We mourn his loss with sadness about what continued greatness could have lay ahead for someone so dynamic and driven.

Research has indicated that in addition to preventing accidental discharge of a firearm by a child, the use of household gun locks can reduce the amount of suicide by adolescents with thoughts of self-harm.

A Children's Hospital of Philadelphia report showed that 80 percent of guns used in youth suicide attempts were kept in the homes of parents, relatives or friends and the U.S. General Accounting Office says that about one-third of accidental deaths caused by guns may have been prevented if a gun lock had been used.

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Every day, more than 22 veterans across the country die by suicide, with many of them using a gun to do so. A survey of veterans treated for mental-health care by the Veteran Health Administration showed that 68 percent would want the VA to offer gun locks to veterans who own firearms.

The Sheriff's Office began to distribute free gun locks in 2016, in hopes of reducing violence, accidental deaths or injuries among children, and to deter suicide. We continue to give away gun locks at nearly 100 community events per year. We distributed more than 11,000 in 2018. They are available between 8:30 a.m. and 4 p.m. weekdays in our office at 100 S. Broad St., 5th Floor.

We will have gun locks to distribute at the American Foundation for Suicide Prevention's Out of the Darkness Walk at 7:30 a.m. Sunday, Oct. 6, at the Art Museum, where a crew of officers and staff from the Sheriff's Office plan to participate in memory of Dante Austin. You can learn more about the walk at afsp.org.

If you or someone you know is in crisis, call the National Suicide Prevention Lifeline at 800-273-TALK (8255), or text the Crisis Text Line (text HELLO to 741741). Both services are free and available 24 hours a day, seven days a week.

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6		1	4	8				
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HARD

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READER WRITE-INS:

DANIEL JOHNSTON: 1961-2019

"True love will find you in the end
You'll find out just who was your friend
Don't be sad, I know you will
But don't give up until
True love will find you in the end
This is a promise with a catch
Only if you're looking can it find you
'Cause true love is searching too
But how can it recognize you
If you don't step out into the light, the light
Don't be sad I know you will
Don't give up until
True love will find you in the end."

Those words were written by the highly influential Austin, Texas, songwriter and visual artist Daniel Johnston. As someone who tried to understand the mysteries of existence, Johnston was unparalleled by his peers and inspired many with his lo-fi approach to bedroom-recorded pop. It was announced yesterday that Johnston passed away after suffering from a heart attack. Johnston had recently retired from touring after a life of struggling with mental illness. He continued to make art up until his death.

From all of us at Metro, we'll miss you, Daniel.

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Aries If you take a walk down memory lane, it will help you figure out what you should do in a current situation.

Taurus Your enthusiasm will prompt excitement and draw assistance that will help you excel.

Gemini Take a deep breath and dissect what you've been told. You need to fully understand a situation before you can make a decision.

Cancer Use your imagination, be innovative and make changes that will ease stress.

Leo Don't feel that you must spend money to make an impression on someone. You'll gain respect if you are practical and use common sense.

Virgo Communication will clear up any misunderstanding you encounter, and honesty will lead to an opportunity that will improve your life.

Libra Take care of your responsibilities before doing anything else.

Scorpio Get involved in a group effort that interests you. The people you meet will offer information that can help you raise your profile and connect with individuals.

Sagittarius Situations will get blown out of proportion quickly if you are too vocal or get involved in something dubious.

Capricorn You've got what it takes to make things happen. Your experience, charm and ability to convince others to do things your way will lead to success.

Aquarius Offer to do only what you can. It's more important to take care of your responsibilities than to promise to do things for others.

Pisces Keep a level head when dealing with friends, relatives and colleagues. Not everyone will offer sound solutions. Be the one who steps up and takes command. Romance is encouraged. EUGENIA LAST

LIFESTYLE

5 DIFFERENT VR TRAINING USES

CINEMA

The use of virtual reality has even reached the so-called seventh art. The most recent and successful example is the film "The Lion King." According to director Jon Favreau, this technology was used to develop the spectacular animation that has stunned audiences around the globe. DANIEL CASILLAS

CORPORATE

Some companies have started using virtual reality as a more effective tool to train their workers to perform specific tasks and procedures, thus achieving savings and improved results. Walmart is one such example. Its employees take VR-enhanced classes that offer entirely realistic scenarios that can occur in supermarkets or stores and require the trainee to make decisions based on what they see in front of them.

SPORTS

More and more professional sports teams are turning to VR to prepare their players, who no longer only train on the field but also in closed spaces using special equipment. NFL teams are pioneers in this field.

POLICE

Police also use this technology for training. Recently, the Pima County Sheriff's Department in Arizona implemented a VR program to help law enforcement practice their reactions in potentially volatile situations.

ARMY

The U.S. military has recently created a huge platform to help train infantrymen on virtual battlefields. It is possible to simulate any place on the planet where soldiers might intervene.

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'The Goldfinch' is a cinematic rarity

Metro chatted with director John Crowley about the new complicated studio drama for adults. GREGORY WAKEMAN, MWN

Oakes Fegley plays the younger Theo. "The Goldfinch" is released Sept. 12. WARNER BROS

As an adaptation of a Pulitzer Prize-winning novel, "The Goldfinch" was always going to standout. But it is even more distinctive in the current cinematic climate, where superheroes, sequels and remakes dominate. In fact, "The Goldfinch" is a true modern movie rarity: a complicated studio drama for adults. And that's exactly what attracted director John Crowley to it.

Crowley originally read Donna Tartt's unique story of 13-year-old Theo stealing a lucrative painting from an art museum in the immediate aftermath of a terrorist attack his mother died in for pleasure during production on his Oscar-nominated drama "Brooklyn." But Crowley was instantly mesmerized by Tartt's "very original study in grief."

"Theo holds on to this object because he misses his mother. But it is a priceless work of art, and he becomes more and more of a criminal the longer he keeps hold of it," Crowley tells Metro. "That speaks to a self-created shame that he has, and how he feels responsible for his mother's death. There was just a huge amount of visual possibilities with it. But it was still an intimate story about someone struggling with the death of someone close to them."

After being "moved and excited by the material," Crowley officially knew he had to make "The Goldfinch" after he became "scared s—less" but the thought of doing so.

"I need to think I am going to make a terrible film," he says. "That's what gets me up in the morning."

But while Crowley was repeatedly told "The Goldfinch" "would be better off as a 10-hour-long miniseries" for television, he was adamant about making it for the big screen.

"It is rather depressing that the middle ground in cinema has been completed ceded to television," he explains. "The pressure of having to tell this story in one sitting of two-and-a-half hours, which is admittedly long, on a big screen meant that we had to lean into different aspects to try and make them as cinematic as possible and make the experience as exciting and thoughtful as possible, too. Because the ecosystem now, where there are so many superhero films, is pretty thin. There are no complicated dramas for adults made by studios."

Crowley noticed how his collaborators, which included Academy Award-winning cinematographer Roger Deakins and Oscar-nominated writer Peter Straughan, all had a great hunger to replicate the spirit of the great character-driven films of the 1970s with "The Goldfinch." For Oakes Fegley, who plays the younger version to Ansel Elgort's Theo, this meant some rather heavy

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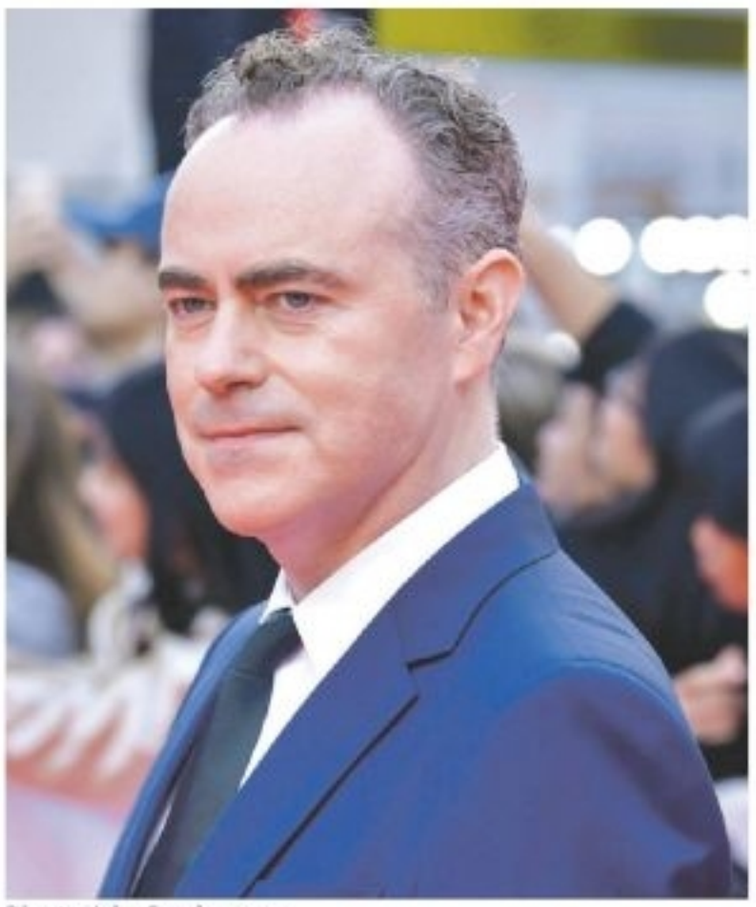
"The ecosystem now, where there are so many superhero films, is pretty thin. There are no complicated dramas for adults made by studios."

Director John Crowley



Director John Crowley. GETTY

days of production.

"It took a toll on me doing such heavy, emotional material," Fegley tells Metro, while insisting that Crowley's quietness and composure made for a creative and safe set. "Off-set, I was exhausted emotionally. You have to deal with all your real-life stuff as well as someone else's emotional weight."

Ultimately, though, Fegley believes this toil and the emotional weight of both Tartt's novel and Crowley's take on "The Goldfinch" will make a huge impact on those that see it.

"I want people to recognize that there are a lot of things that can change you. And to be aware of what can change you. Because Theo changes at multiple points in the film. Each person he meets changes the way he thinks about himself and the way he looks at life. I want audiences to understand and comprehend that."

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This space-tech habitat is designed for the Earth

PHOTOS AI SPACEFACTORY

New technology is out of this world

AI SpaceFactory, the architects behind NASA's award-winning Mars habitat, have recently launched the so-called TERA project, which will become a place designed for sustainable living on our planet. According to the creators, it will be a high-tech, luxe eco-home nestled in the woods of upstate New York, close to the Hudson River. It is expected to be ready in 2020. **MWN**

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Extra Space Storage will hold a public auction to sell the contents of leased spaces to satisfy Extra Space's lien at the location indicated: **Extra Space Storage, 4433 Wayne Ave., Philadelphia PA 19144 • 267-453-3400 September 18, 2019, 10:00 am**

1A41 Charda Devlin; 1A44 Matthew Jefferson; 1A64 Marwah Salih; 1A71 Brittany Pitts; 2A120 John Jordan; 2A172 Demond Haynes; 2A203 Jerome Lynch; 2A210 Tiffani C Wing; 2A240 Martas Collins; 2A242 Jabbar Abdul; 2A250 La-Shaunna Crockett; 2A263 Richard B Ray; 2B03 Clarice Pinson; 2B18 Kisha Reynolds; 2B29 Jennifer Graham; 2B30 Randall Lanier; 2B45 Henry Williams; 2B46 Nicole Hackly; 2C12 Gladys Brown; 2C27 Tiana Hall; 2D121 Winston Wootentaylor; 2D14 Lola Kwarteng; 2D153 Malikh Butler; 2D180 Shatawn Smalls-Green; 2D20 Cameron Scales; 2D204 Wade Belser; 2D236 Lee Coleman; 2D259 Donald Johnson; 2D269 Kareem Rose; 2D57 Jermaine Williams; 2E42 Sheila Robinson; 2E54 Shemelle Williams; 2L05 Dominga Brown; 3A11 Shadree Shakeel; 3A114 TiAira Neal; 3A159 Andre Turpin; 3A178B Xenia Hopkins; 3A211 Darlene Butler; 3A236 Dawn Mathis; 3A262 Jana Bailey-Williams; 3A39 Tysheena Smart; 3C29 Annette Strickland; 3E33 Zereda Burrell; 3E39 Darrell Reeves; 3E67 Jamal Woodland; 3E79 Davonna Brown; 3L44 Alexis Weary; 4A158 Atiya Mumin; 4A166 Tyshika Thomas; 4A181 Tamika Gilliam; 4A91 Leslie Nelson; 4C10 Jessica Chandler; 4C15 Alysia D Stephens; 4C17 Dishawn Stewart; 4E10 Shavonah Stewart

The auction will be listed and advertised on www.storagetreasures.com. Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

Extra Space Storage will hold a public auction to sell the contents of leased spaces to satisfy Extra Space's lien at the location indicated: Extra Space Storage, **59 Leverington Ave, Philadelphia, PA 19127, 215.422.3299,** Sale Date: **September 19th** at **2:00 PM**

2220 Ebony Anderson
2183 Colleen Rasmmussen

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Albert Sims - 3148, Sharifah Maddox - 3097, Pia Worrell - 2154, Antoine Adams - 5149B, Steve Townsend - 3123, Harry Cenneno - 2072B, Alexys Simon - 4015B, Darrick E. Clay - 4008B, Charles Ruderman - 3026, Raheem Holman - 3134, Denise Campbell - 2122, Matthew Stevens - 4016, Yourhy Samy Jr - 4150B

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Extra Space Storage will hold a public auction to sell the contents of leased spaces to satisfy Extra Space's lien at the location indicated: **12005 Roosevelt Blvd, Philadelphia, PA 19154, 9/19/2019 at 11:30 am**

E41-Kim Fishburn; D4-Jamale Jackson; 401-Niketa Everett; E10-Martina Everette; 1327-Michelle Yanovsky; 913-Vanessa Smith; K3-All Pro Installation and Service; D13-Amani Burke; CD1-Anthony Jackson; A30-Anna Duerr; B32-Lovely Harper; 1128-Lannie Christo; 1141-Hilton Battle; F9-Rafaela Tavarez; 617-Brien Meinhart

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Notice is hereby given that Extra Space Storage will hold a public auction on **September 19, 2019** at **1:30 PM** to sell the contents of leased spaces to satisfy Extra Space's lien at the location indicated: Extra Space Storage **116 Fountain St. Philadelphia, PA 19127 • 267-766-0064.**

5147 - Christophe Hayes; 5110 - Kate Sullivan; 3141 - Diana Zhang; 3188 - Andrew Odour; 3074 - Khaalisia Devlin

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B102 Dorothy F. Caban, B127 Carmen Khafizov, B156C Monique Yvonne Dodd, B177C Mai D. Ly, B210C Anthony Stevenson Wheeler Jr., B213C Kimberly B. Burley, C125 Selena Williams, C129 Gladys Felix, C135 D Michael Blackie, C152C Frank Polk, C184C Darryl K. Richardson, C194C Darryl K. Richardson, C209C Thomas Deveo, D101 David Green, D137 Sandra Colon, F100 Bridgette M. Lewis, F114 Derrick Jackson, G119 Benjamin Omar Burwell.

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Dreaming of living in a new place? Here's how to make it a reality

NerdWallet is a personal finance website.

Even if you love your home, there's a chance it isn't in your ideal place to live. But the space between fantasizing about your dream location and actually moving there is potentially miles and thousands of dollars apart.

Just over a quarter (26 percent) of Americans aren't living in their ideal location type — whether that's a city, suburb, small town or rural area — according to a new survey from NerdWallet. There are many reasons people live where they do — better school districts, proximity to work, bigger yards, and nearby friends and family, for example. And, according to the survey, financial obstacles are among the most common reasons why people don't leave.

"Moving and getting a new place are major financial events," says Holden Lewis, NerdWallet mortgage expert. "But long before you cross those big items off your list, you'll tackle a lot of smaller tasks. Some are enjoyable, like browsing real estate listings for homes you like, and others are merely necessary."

Here's how to bring your dream move closer to reality in the coming months and years:

ISTOCK

1. Get real

Moving to a new home, let alone moving to a completely different location, is a big, expensive step. And sometimes the idea of new surroundings is more appealing than the real thing. You want to live in the city, but are you really ready for the steep cost of living, the noise and the little-to-no backyard? If you dream of small town or country living, are you ready to leave the excitement of the city and its amenities behind?

Weigh your options carefully before committing to a major move, and understand such a big step could take significant effort.

2. Move-proof your credit

Approval on a rental or mortgage application will depend, at least in part, on your credit. And if your credit needs work, making it approval-worthy could take some time.

Start by reviewing your credit report and looking for errors. Then, make sure you're paying your bills on time — your payment history accounts for as much as 35 percent of your credit score. Also, try to use no more than 30 percent of your available credit — higher credit utilization can weigh down your score significantly.

3. Attack debt

In the survey, 1 in 5 (20 percent) Americans not living in their ideal location say they have too much debt to afford moving and still have enough left for housing costs. Paying down debt not only boosts your credit, it also frees up your money for other things, like moving expenses.

But tackling debt can mean major sacrifices. Cutting excess spending or taking on a part-time job could speed up the process. Of the folks not living where they would like, 38 percent say they would take on a job to make the move possible, while 28 percent would give up travel. More than 1 in 5 (21 percent) say they would stop or reduce their retirement savings — a concerning approach because it could do more harm than good.

Take a critical look at your budget — how much money is coming in and where it's going. Then, make paying down debt a priority, but not to the detriment of your future financial security; try to leave your retirement fund alone.

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MATT BURKE

Matt Burke is a veteran sports journalist and the Founder and Editor in Chief of MetroBet.

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The Panthers traditionally take care of business early in the season against bad teams. Last year Carolina went 4-1 in its first four games, beating the Giants and Bengals along the way. Two years ago they disposed of the Bills and 49ers in Weeks 1 and 2, and three years ago Cam Newton and company blasted the 49ers, 46-27 in Week 2.

Tampa Bay looked like one of the worst teams in the league in Week 1 of this season, falling to the 49ers at home, 31-17, in a sloppy contest. Going into the season it was thought that quarterback guru Bruce Arians would help turn Jameis Winston back into a top signal-caller. But the first dance of the Arians-Winston marriage ended up with Winston tossing three interceptions, including two pick-sixes.

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One thing that can be said about Winston is that he usually turns in a strong effort following a dud performance, though. Last year after throwing four interceptions against the Bengals, Winston turned in the most efficient performance of his 2018 season the next time he saw the field — posting a 130.0 passer rating against the Giants.

Two years ago, after throwing three picks against the Vikings, Winston came back the next week and threw for 332 yards, three TDs and zero picks against the Giants.

The 49ers defense is thought to be vastly improved from last season with Nick Bosa and Dee Ford now in the mix, so maybe we shouldn't be too surprised that they had their way with Winston last week. Another excuse for Tampa Bay in Week 1 was that star receiver Mike Evans was just getting over an illness as he turned in one of his worst performances ever. Expect Winston, Evans, and the Bucs as a whole, to be much better this week.

I like Carolina to win this game, but the 7-point spread at **MetroBet.us/Sugar** is way too high. Carolina was also just 7-9 against the spread last season.

The play: Buccaneers +7

TWEET OF THE DAY

Todd Fuhrman
@ToddFuhrman

After watching countless hours of football last weekend I have one major takeaway:

There's not a single product that Shaq won't endorse.

Best Bets

NFL Week 2 betting: Jaguars at Texans

The Texans went toe-to-toe with the highly-regarded Saints Monday and nearly won outright as seven-point underdogs in the Superdome; only a 58-yard field goal by Wil Lutz as time expired sunk them. They should carry that momentum over in their home opener against the Jaguars, who had their season torpedoed in Week 1 when $88 million quarterback Nick Foles went down with a clavicle injury.

Unlike the Chiefs, the Texans will have a week to prepare for Jags backup single caller Gardner Minshew. The Washington State product was 22-of-25 for 275 yards and two TDs in relief of Foles while facing a lackluster Kansas City defense. Houston was tied for eighth in yards allowed per play in 2018. It's difficult to find positive trends for Jacksonville going into this matchup, as they're

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7-16 against the spread in their last 23 September games. The Jags are 1-5-1 against the spread in their last seven road games and in their last seven games against divisional opponents. Texans QB Deshaun Watson had a brilliant 2019 debut as he went 20-of-30 for 268 yards against New Orleans with four TDs (three passing, one rushing).

The play: Texans spread

ROBERT CRISCOLA

VSiN DAILY LINE

NFL WEEK 2

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ARIZONA CARDINALS AT BALTIMORE RAVENS -13

DALLAS COWBOYS -5.5 AT WASH REDSKINS

JACKSONVILLE JAGUARS AT HOUSTON TEXANS -8.5

CHICAGO BEARS -2.5 AT DENVER BRONCOS

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Javier Baez (left) could miss the rest of the month with a fractured thumb while Christian Yelich (right) will be out for the remainder of 2019 with a fractured kneecap. GETTY IMAGES

Injuries to Yelich, Baez could help the Phillies in their Wild Card chase

Two of the National League's biggest stars could be done for the rest of the regular season.

JOE PANTORNO
joseph.pantorno@metro.us

Entering the third night of a four-game series against the division-leading Atlanta Braves on Wednesday night, the Phillies were just two games back of the final National League Wild Card spot.

Not bad for a team that had gone 38-42 since June 9.

But for all the struggles in the starting rotation, all the inconsistencies out of the bullpen, and all the maddening slumps from a lineup that has failed to meet expectations, the Phillies are still very much in the hunt for a postseason berth with 17 games left to play.

Even without taking the field, their chances grew this week after some big injury news around the league.

The Milwaukee Brewers, who were a game ahead of the Phillies and third overall in the Wild Card chase entering Wednesday night, lost their superstar outfielder Christian Yelich for the remainder of the 2019 season.

During Tuesday night's victory over the Miami Marlins, the 2018 NL MVP fouled a ball off his right knee, breaking the kneecap.

Yelich was having another MVP-worthy campaign this year with a .329 batting average, 44 home runs, and 97 RBI. He also led the league with a .429 on-base percentage and a .671 slugging percentage.

It leaves a massive hole in the Brewers' lineup for the stretch run. No qualified Brewers batter that has appeared in more than 70 games this season has a batting average over .282 while the protection for Mike Moustakas (31 home runs) and Yasmani Grandal (26 home runs) has disappeared.

For a team that ranks 19th in the majors in runs scored per game, a lot of the pressure that comes with losing Yelic will heap on a mediocre pitching staff.

Milwaukee's NL Central rival — and the team that was holding the final Wild Card spot — the Chicago Cubs, also suffered a sizable injury blow earlier this week when they announced on Monday that shortstop Javier Baez will be out for a month.

The two-time All-Star suffered a hairline fracture in his left thumb on Sept. 1 when sliding into second base on an attempted steal.

Baez had been one of the Cubs' best all-around bats this season, slashing .281/.316/.532 with 29 home runs and 85 RBI in 133 games.

Chicago was 4-5 in the nine games they've finished without Baez since he suffered the injury. Before Wednesday night's game, they had lost four of their last five games, which have come on the road.

Playing away from Wrigley Field has been a major issue for the Cubs all season. They were 30-43 on the road this year and will play the final six games of the 2019 season away from the friendly confines.

The Phillies will have to step their game up to stay in this race. Their upcoming schedule after this Braves series isn't exactly easy.

They host the Boston Red Sox for two games before facing the Braves again in Atlanta, the Indians in Cleveland, and five games in Washington, D.C., against the Nationals.

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AB awaits NFL action amidst sexual assault charges

The Patriots wide receiver has been accused of raping his former trainer.

JOE PANTORNO
joseph.pantorno@metro.us

The saga that has been the Antonio Brown story took a much darker turn on Tuesday when a New York Times report from Ben Shpigel revealed the 31-year-old has been accused of raping his former trainer, according to a federal lawsuit filed in the Southern District of Florida.

The lawsuit lists three separate incidents in June 2017 and May 2018 in which Brown allegedly sexually assaulted a former classmate at Central Michigan, Britney Taylor, who then became his trainer.

From Shpigel's report:

"According to the suit, Brown sexually assaulted Taylor twice during training sessions in June 2017. First, he exposed himself and kissed her without permission, the lawsuit says. Later that month, the lawsuit says, while they were streaming religious programming on a tablet at his South Florida home, Brown started masturbating behind Taylor and ejaculated on her back. The lawsuit contains images of profane messages that Taylor says Brown sent to her about the incident."

Then, the lawsuit says, on May 20, 2018, Brown forced her onto a bed, pushed her face into the mattress and "forcibly" raped her. She tried to resist him, screaming and repeatedly shouting "no" and "stop," the lawsuit says, but Brown refused and penetrated her."

Brown's representation denied any wrongdoings and suggested they would take further action to clear his name.

Antonio Brown has been accused of raping a former trainer and college classmate. GETTY IMAGES

"Mr. Brown denies each and every allegation in the lawsuit," Darren Heitner, his attorney, released in a statement. "He will pursue all legal remedies to not only clear his name, but to also protect other professional athletes against false accusations."

While legal action is being pursued, the NFL looks to be acting quickly in its impending investigation.

Commissioner Roger Goodell reportedly will consider placing Brown on the league's exempt list, according to Mark Maske of the Washington Post on Wednesday.

Brown would be immediately ineligible to play for the New England Patriots — the team he signed for on Monday following a messy split with the Oakland Raiders — if he were placed on that list.

Goodell most notably used the exempt list with Adrian Peterson and Greg Hardy in 2014 when both men faced criminal charges in domestic violence cases.

He also allowed Brown to practice with the team on Wednesday.

Taylor made it known that she would be willing to cooperate with the NFL in its investigation and is planning to meet with the league next week, per ESPN's Adam Schefter.

This isn't always the case, which was seen recently when Kansas City Chiefs star Tyreek Hill's suspension was lifted due to a lack of cooperation when delving into allegations of abuse of his 3-year-old son.

Taylor's availability would allow Goodell and the NFL to assess other evidence and then speak with Brown promptly as his future in the NFL and with the Patriots is currently in doubt.

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190505 An Ordinance amending Title 6 of The Philadelphia Code, entitled "Health Code," by adding a new Chapter 6-311, entitled "Children's Meals at Food Service Establishments."

Immediately following the public hearing, a meeting of the Committee on Public Health and Human Services, open to the public, will be held to consider the action to be taken on the above listed item.

Copies of the foregoing item are available in the Office of the Chief Clerk of the Council, Room 402, City Hall.

Michael A. Decker
Chief Clerk

Notice is hereby given that Articles of Incorporation were filed with the Department of State of the Commonwealth of Pennsylvania on August 5th, 2019 with respect to a proposed nonprofit corporation, Changing Lives For Christ Church, Inc. which will be incorporated under the Nonprofit Corporation Law of 1988. A brief Summary of the purpose or purposes for which said corporation is organized is: To be a Church.

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20 Suffix for passion or decor
21 Bottle stopper
22 Loses color
23 Means of communication
25 Actress Taylor
26 Pea pod, e.g.
28 Most unusual
31 Joint often sprained
32 "__ and the Man"; Freddie Prinze sitcom
34 __ artist; swindler
36 In a __; pouting
37 Hit hard
38 Dorothy's dog
39 Moral transgression
40 Marsupial with no tail
41 Hell's ruler
42 Chaperone
44 Geometric figure
45 Strange
46 Word in 2 U.S. state names
47 Extreme
50 Potpie ingredients
51 Earth tone
54 Analgesic
57 Actor Christian
58 "Lean __"; hit song of the '70s
59 Peruses
60 Pinnacle
61 Hornet's home
62 In a __; sort of
63 Relaxation

DOWN

1 Cradle rocker, often
2 Popular actor & rapper
3 Diplomas
4 "Ready, __, go!"
5 Casual farewell
6 Venerate
7 Bathroom feature
8 Embrace
9 "What Kind of Fool __?"
10 On fire
11 Marine mammal
12 Window glass
13 Soap lather
19 VP Agnew
21 Scoop holder
24 To the __; fully
25 Be without
26 Peggy of TV
27 Musical about an orphan
28 Poza __, Mexico
29 Gift wrapper's need
30 Sum
32 Informal talk
33 Actor Holbrook
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41 Gentlemen
43 Brass instrument
44 Like very rough sandpaper
46 Requires
47 Come __; find
48 "Penny __"; Beatles song
49 Russert & Conway
50 Think ahead
52 Brewed beverages
53 On deck
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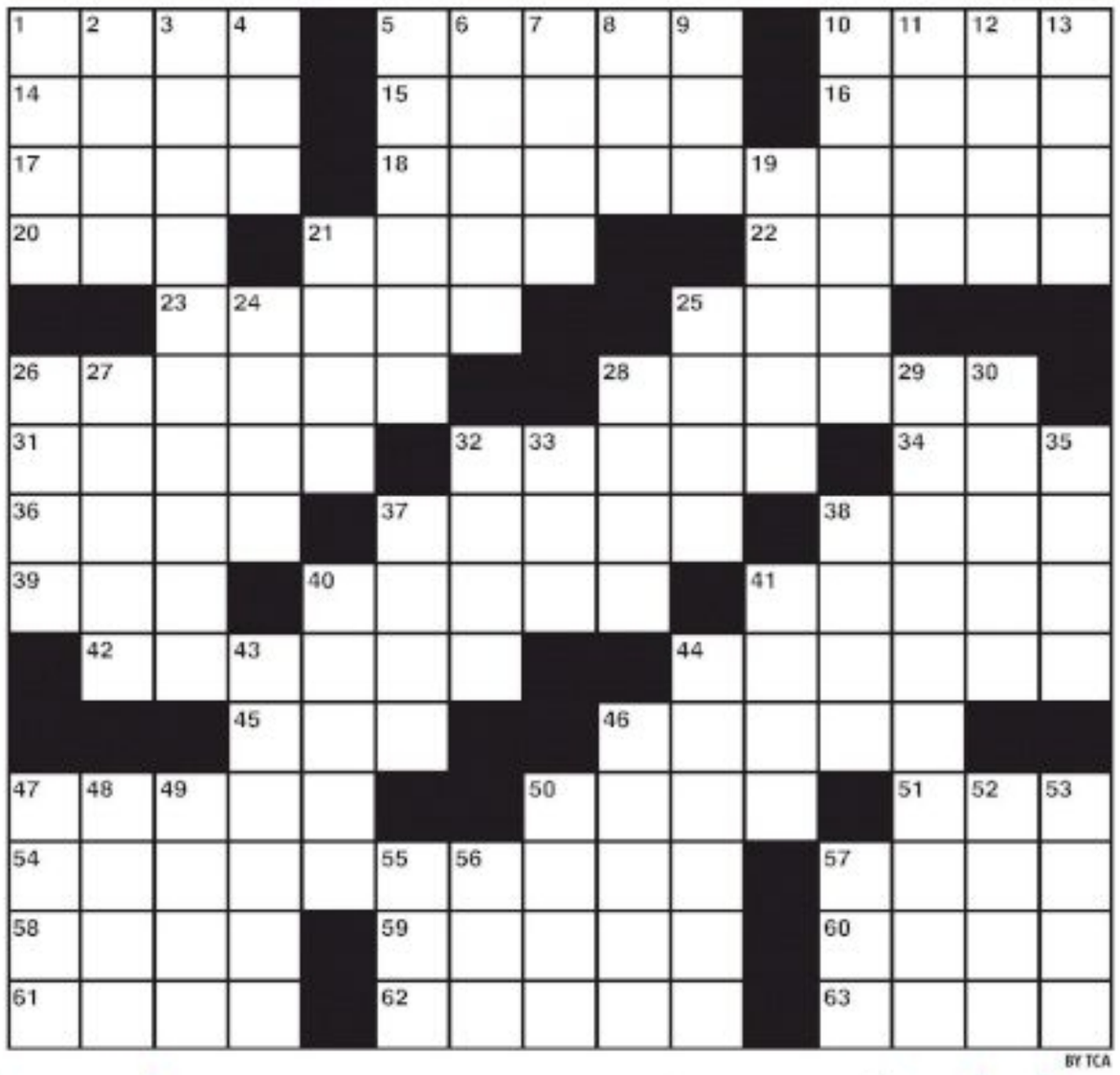
56 Gen. Robert E. __
57 Tavern



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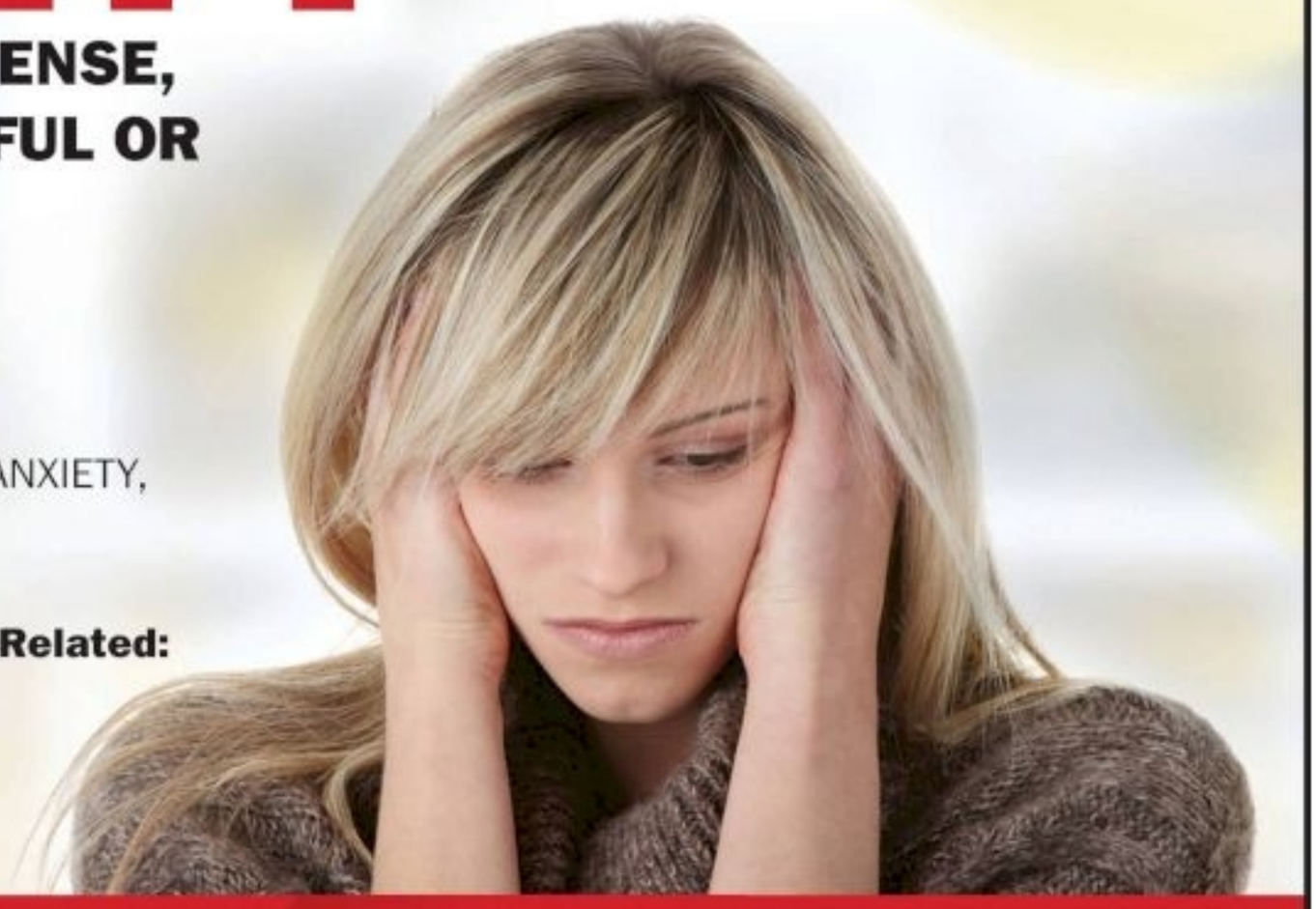
Alliance for Audited Media

ANXIETY

ARE YOU OFTEN WORRIED, TENSE, STRESSED, NERVOUS, FEARFUL OR OVERLY CONCERNED?



ALWAYS WORRYING ABOUT THE "WHAT IFs"?

If you are an adult experiencing symptoms of ANXIETY, you may be interested in participating in a clinical research study.

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A **RESEARCH STUDY** of an investigational medication may be an option

See if you may qualify:

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SHORELINE STUDY